

# Damp, mould and condensation

## how to keep your home dry

Condensation is caused by the moisture in the air. It's perfectly natural, and you see it at home when windows steam up or walls look wet. But over time, it can become a cause of damp and mould. This can damage walls, furniture and even your clothes in the wardrobe, and cause health problems or make conditions like asthma worse.

Cooking, washing, and other activities in the home all release moisture, but there are simple things you can do to make sure condensation does not turn into a problem.

## ventilation

keep air flowing around your home

- Open your kitchen or bathroom windows when in use, so steam can escape
- Move furniture away from walls
- Don't overfill your cupboards
- Don't block air vents in your home
- Keep open trickle ventilators - small vents in modern windows, if you have them



## heating

keep it steady

- In cold weather, keep your heating on low all day if you can
- If you have rooms with no heating, keep the doors open so air can circulate
- Avoid paraffin or portable gas heaters - they add moisture to the air



## moisture

create less

- When cooking, keep internal doors closed so the moisture doesn't spread through the house
- Keep lids on pots and pans
- Don't leave water in the sink - it will evaporate into the air
- Make sure tumble dryers are vented outside, or in a ventilated room if not
- Don't dry washing on your radiators
- Dry washing outside if possible - or in the bathroom with the door closed and window open or extractor fan on
- Wipe down windows, windowsills, and problem walls regularly to stop condensation building up
- Don't fit shower hoses to baths unless the room is properly ventilated

## mould

Mould usually looks like patches of little black spots and forms on walls and ceilings. It can grow and spread and become a serious problem, but if caught in time you can treat it yourself with household cleaning products like mould and mildew remover. You should also keep window vents open, especially in bedrooms where air flow can be poor.

You can buy special fungicidal, or anti-mould paint to go over the area once you have treated it.



## report damp, mould and condensation

- contact our

Customer Access Team on  
0800 169 2988 or through  
the live chat function on  
our website at  
[www.plusdane.co.uk](http://www.plusdane.co.uk)

